



Words and Activites written by Rebecka Shelberg

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Exploring the Text

Ash the children to look at the cover and think about the title. What do they think 'good hair' might mean? Now ask each child to think about their own hair and share what 'good hair' feels like to them. Is good hair when your hair is neat? Or styled away from your neck so you're not too hot? Is good hair when it's floating around you in the pool, or when it is blowing behind you in the wind? Write down all the suggestions.

NOW ask the children if they have ever heard of a 'bad hair day'? What do they think it means? Discuss with the class what they think makes for a bad hair day and write this down next to the good hair list. Are there many different ideas of what is 'good hair' and what is 'bad hair'?

> **Read** through Good Hair with the children. Have a look at how Birungi is expressing herself in the beginning of the book. Ask the children to identify how Birungi is feeling. Do they think she is having a 'bad hair day'? Ask them if they have ever felt that way about their own hair or about something else that is part of their own body. What has made them feel bad – someone else's comments or the

comments that they are telling themselves?

Storytime Kit____.

Mum, Dad and Birungi discuss all the hair differences that they see as they walk to school - different colours, different styles, different textures, different ways of growing (or not growing). But Mum and Dad point out that ALL hair needs the same thing - to be listened to. Ask the children what they think that means. How do they know what their own hair is saying? How will they know what kind of special care their own hair needs? Ask the children to share what special care they do with their own hair at home. Do they have a washing routine? A special brush or comb? A favourite hair style? A collection of clips, hair ties, head bands, scarves etc? Hair sprays or gels? Do they need help doing their hair or can they manage themselves?

In the beginning of the story, Birungi feels that doing her hair each day is a difficult, unpleasant, and frustrating chore. At the end of the story, she sees how fun hair can be. Birungi's hair does not change through the book. What do you think has changed for Birungi to feel so differently about her hair. Turn to the last page, can you see all the ideas Birungi now has for doing her hair (what do you think the music notes mean – perhaps she can sing while doing her hair? What does the brush mean – can she use different brushes for different effects? Dose the bottle mean she can try different hair potions and lotions? What might the flower or butterfly decoration mean?) Birungi can get lots of ideas and inspiration from all the people around her with all sorts of amazingly different good hair. Ask the children to take a look around at their classmates, do they have any new ideas on how they can make tomorrow a good hair day?



ACTIVITY SHEETS

1. It's a Good Hair Day!

On the template provided, draw and colour in all the features of your own remarkable hair. Choose from the materials provided and use glue to stick them on your page to create your own good hair. You might even want to style your hair with beads or hair decorations made from other craft materials you have available.

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2. Good Hair Bookmarks

On the template provided, carefully cut around the edges of the bookmark. Use a hole punch to make holes in the spaces marked at the top of the bookmark. Cut 20 pieces of wool, in whatever colours you like, all the same length, then divide into 4 piles. Line the pieces in one pile up together, fold them in half and thread the folded edge through one of the holes. Repeat for each pile until all the holes in the bookmark have been done. If you want to, you can make all three characters from Birungi's family!

3. Find the Good Hair Words

Find all the words that describe GOOD HAIR in the find-a-word.

4. Good Hair Guess Who Game

All children start standing up. The child at the front of the class selects another child in the group as their Guess Who – but remind them to keep it a secret! All the children take turns to ask yes/no questions about the Guess Who child's hair using the descriptive words from the book, if it helps you can write these on the board (Black, Brown, Blond, White, Red, Grey, Blue, Pink, Grow Up, Grow Down, Grow Everywhere, Short, Long, Hide & Seek, Shrinks & Kinks, Curls & Twirls, Rows, Frizzy) As each question is answered, the children who don't fit the description sits down, though they can still participate by ask questions. After five questions, the children are allowed to make guesses as well as asking questions. The first child to guess correctly gets to replace the child at the front. Repeat as many times as desired, with the new child at the front choosing a different Guess Who child from the group.

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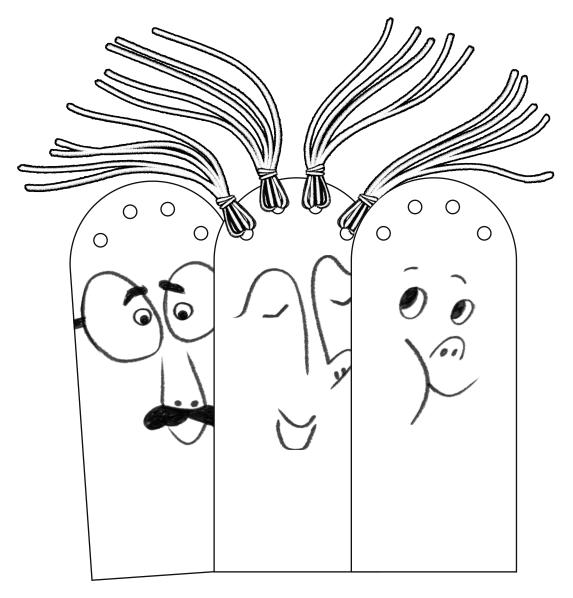
2. Good Hair Bookmarks: Instructions

1. On the template provided, carefully cut around the edges of the bookmark.

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4. Repeat for each pile until all the holes in the bookmark have been done. If you want to, you can make all three characters from Birungi's family!



WALKER 🗣 BOOKS

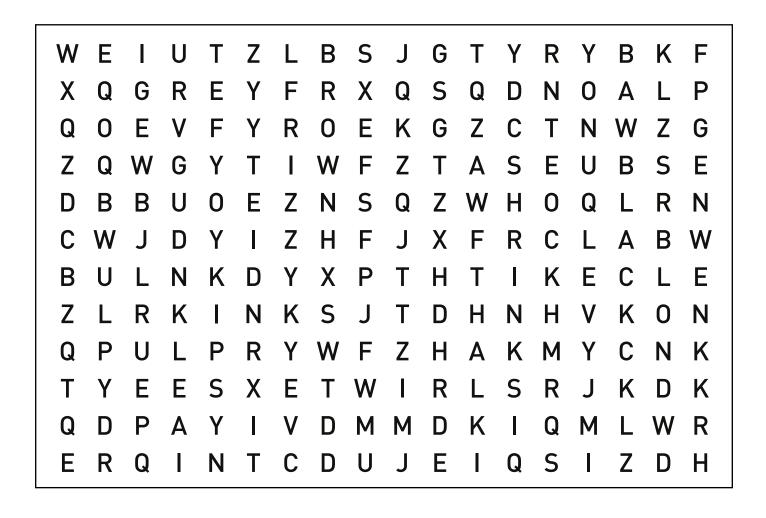
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2. Good Hair Bookmarks

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3. Find the Good Hair Words

Find all the words that describe GOOD HAIR in the find-a-word.



BLACK	BROWN	BLOND	RED
GREY	BLUE	SHRINKS	KINKS
CURLS	TWIRLS	ROWS	FRIZZY

WALKER 🗣 BOOKS

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