

Storytime Kit_____

WALKER BOOKS

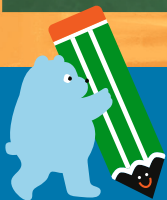
Words and Activities
written by Rebecka Shelberg

EXPLORING THE STORY

BEFORE YOU READ THE BOOK, ask the children to consider the word 'gorgeous'. What do they think it means? As a class, create a mind map using the words and explanations they give.

Now read through *Gorgeously Me!* with the children. After reading it, ask them if their understanding of the word 'gorgeous' has changed? Do they think it means only physical/outside appearance or can 'gorgeous' be applied to other things, such as talents, personality traits, or even used as a nickname?

With their increased understanding of what 'gorgeous' means, are there any other words or explanations the class would like to add to the mind map that you all worked on together earlier?

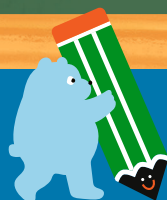


Look closely at the illustrations in the book. Can you see how the illustrator has added a layer of colourful, glittery sparkles around the characters to show when they are being gorgeously themselves?



With the class, **make** a list of what each character is doing when they are surrounded by the colourful, glittery sparkles. Are they all doing the same or similar things?

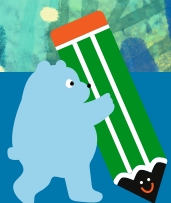
Can the class easily **identify** a common link between all the activities that the characters are doing when they are surrounded by the sparkles? What do they think the illustrator is trying to tell us with these special sparkles?



Sometimes being different can be hard. We can look different or feel different to our friends and classmates. We can have different skills or different interests. We can have different ways of expressing ourselves or looking at the world around us. There are so many differences in everyone and sometimes it can be hard to understand each other. But our differences are **important** and are what makes every person **unique**.


Ask the class to think about some moments when being different from everyone else might be really great (i.e. winning an award, showing a special skill, etc).

Now ask them to consider when being different might be hard (i.e. being an outsider, not understanding a language, being the worst at a skill).



Jonathan Van Ness says,

**"How will you be the best you?
Spread love to others and love yourself too."**



**Ask the children to think about
how we show other people
respect, care and love?**

**Now how do we show ourselves respect,
care and love? Ask the class what they
think it means to 'love yourself'.**

**Do you think we can show others
respect, care and love if we don't show
these things to ourselves?**



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_____ **WALKER BOOKS**

ACTIVITY SHEETS

1. Perfectly, Happily, Gorgeously You

Think of something that is unique or special about you, something that makes you happy and proud, that you would like to share with the world. On the template provided, draw a picture of yourself being perfectly, happily, GORGEOUSLY you!

2. I Love Me

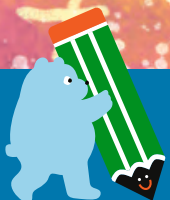
Show the world that you “love yourself too” and write yourself a love poem or love list. Have a think about the things that you do that make you feel good about yourself and write it down. What things bring you joy? What things make you feel proud? What uniquely YOU things do you have to share with those around you? Put your list somewhere safe where you can look at it when you need it most.

3. You Are Amazing

Being yourself is so important. But being different to everyone else can be really hard sometimes. Have a think about someone in your life that is very different from you. Think of something that you admire about this person, what makes them special or amazing? Now tell them! Write and draw a letter to them and tell them why you think their differences are worth celebrating.

4. Gorgeously Glittery

On the template, in the middle of the heart outline, write how you will “spread love to others”. With a glue stick, cover the space OUTSIDE of the heart. Make the glue thickest towards the heart outline, and thinner as you move away from the heart outline. Sprinkle glitter, sequins and/or confetti over the page, and then shake off the excess. Hang your artwork up somewhere to remind yourself how you will be spreading love into the world each day.

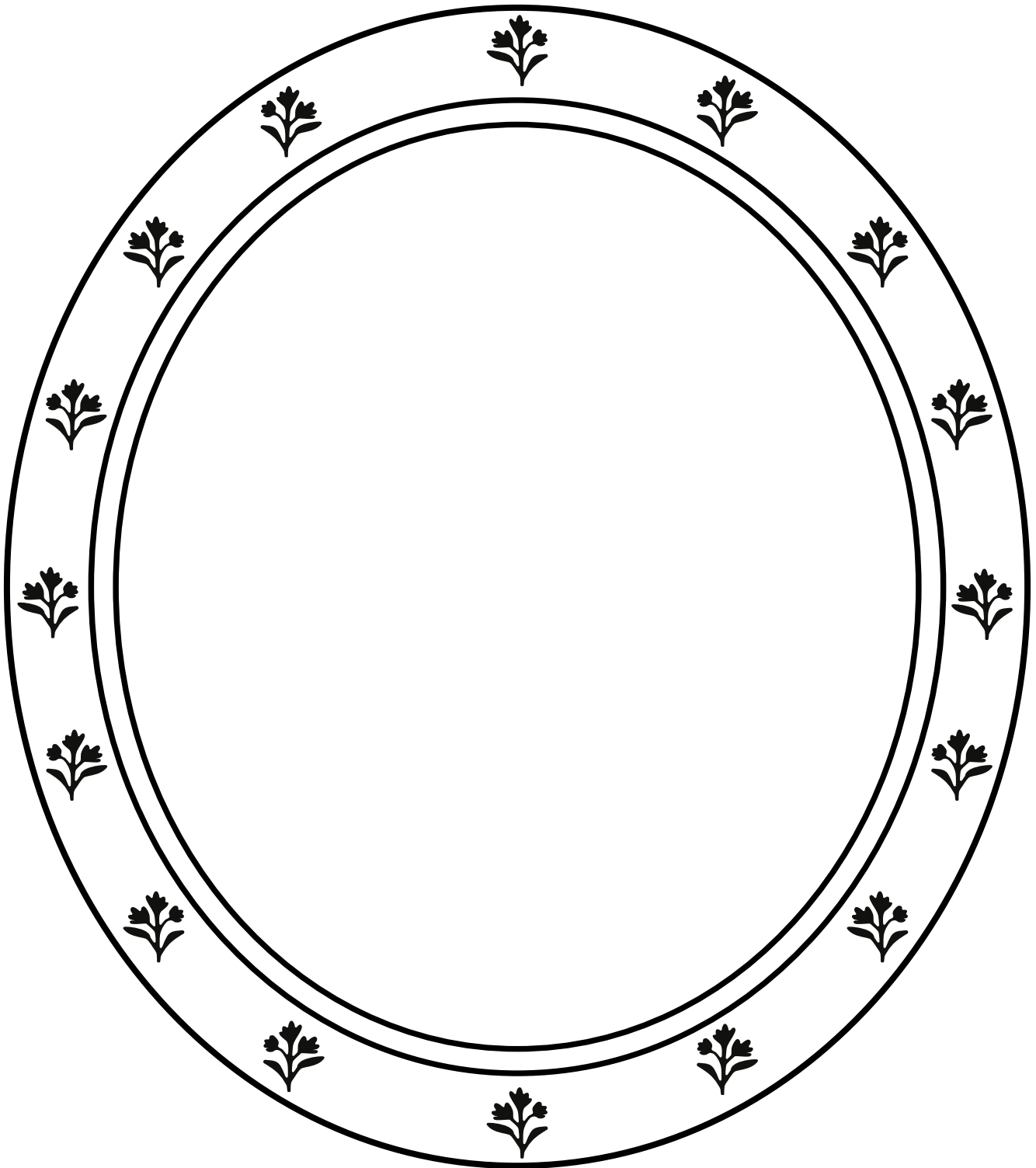


NAME: _____

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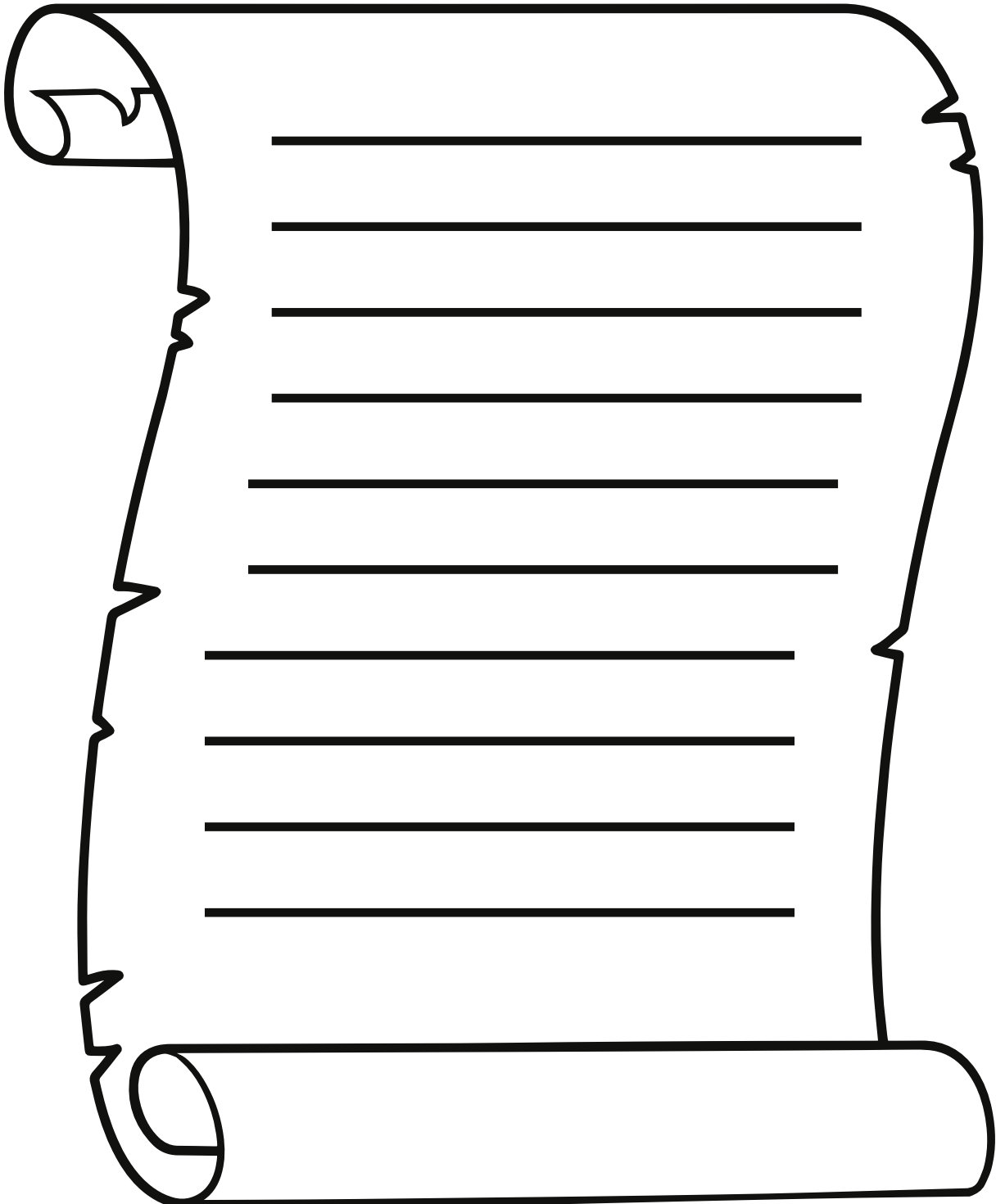
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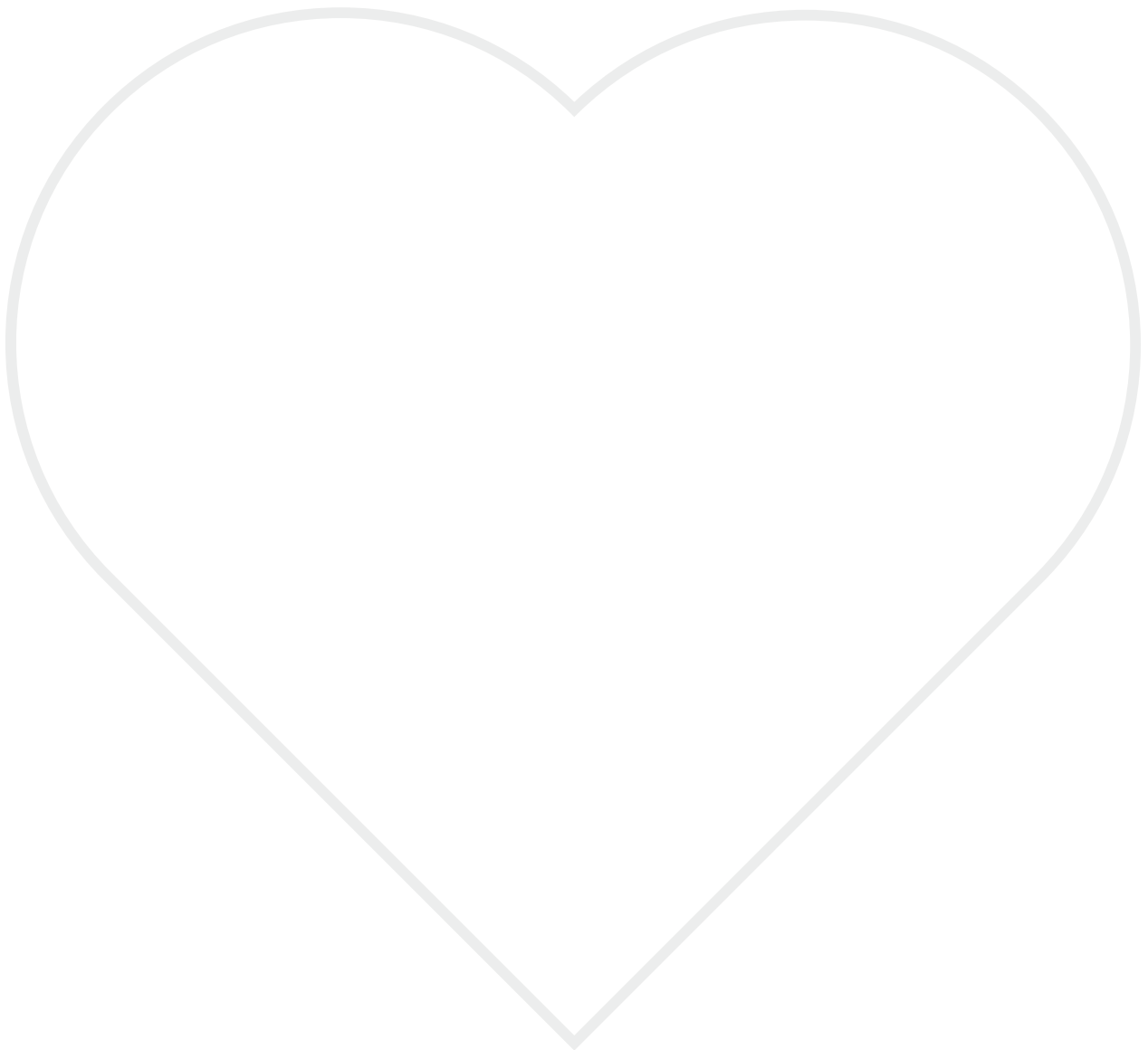
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A large, stylized scroll with a decorative, irregular border. The scroll is unrolled, showing a series of horizontal lines for writing. The top and bottom edges of the scroll are rolled up, with the top roll on the left and the bottom roll on the right. The lines are evenly spaced and extend across most of the width of the scroll.

NAME: _____

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“SPREAD LOVE TO OTHERS AND LOVE YOURSELF TOO.”

- JONATHAN VAN NESS